

About the Course

Basic Course Information

Course Title	Acting for Stage & Screen Essentials								
Course Type	Short Course								
Award on Completion	This course is not externally accredited. However, it can contribute to a Performers College or BIMM Professional Certificate when taken in conjunction with other short courses (see below)								
Length of Course	4 weeks								
Location	Berlin	Birmingham	Brighton	Bristol	Dublin	Essex	Leeds	London	Manchester
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	For further information about our campuses click here .								

Teaching and Learning

The delivery of Performers College programmes is tailored to the particular learning goals of the individual course. Specific details vary from time to time in order to maximise student experience. Indicative calendars are issued at the start of each course.

Delivery of this course will be within these parameters:

Teaching

- Your course averages 25 hours of teaching time per week.
- Teaching on Performers College's full-time short courses is usually scheduled between the hours of 10am and 5pm, Monday to Friday, excluding bank holidays.
- Performers Colleges' *Acting for Stage & Screen Essentials* is a practical course which is taught largely in person.
- We have also found that some experiences (such as tutorials) are better delivered digitally. Any online sessions will be noted clearly in students' timetables. In addition, where public health considerations or other matters outside our control limit access to the campus, this *mixed teaching* approach will ensure that students can continue their learning journey.
- Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

The information included in this pack is provided to enhance your understanding of the course. Please note that some details may vary depending on the cohort.

Summary

Acting for Stage & Screen Essentials is a dynamic and immersive course which covers the core technical and artistic elements required for acting in theatre, TV, film and digital media. The course culminates in the

production of a showreel that you'll create in collaboration with your director. This course is suitable for beginners, no previous experience is required.

Acting for Stage & Screen Essentials gives you the opportunity to work with professional directors, and acting, voice, and movement coaches, to create engaging, dynamic performances.

Acting for Stage & Screen Essentials is designed to improve your understanding, knowledge, and practice in the following core areas:

- Screen acting techniques for TV and Film
- Text – From Page to Stage
- Radio Acting & Voiceover
- Voice and Accent Work
- Improvisation
- Movement for Actors
- Singing for Actors
- Acting for Video Games using Motion Capture
- Audition Technique and Careers Guidance

The course outline below describes the key craft areas and skills you will cover during your course.

Applying for this Course

Application for this course can be made on the Performers College website [here](#).

In order to apply for this course, students must be 18 years old or over and have sufficient spoken & written English. The course is suitable for beginners and those with basic skills. There are no specific academic entry requirements for the *Acting for Stage & Screen Essentials* course.

Course Structure and Delivery

Performers College Mission

Our mission is to inspire the next generation of industry professionals through the creation of inclusive and creative learning environments, that remove barriers and create opportunities for equal participation in the creative industries and provide the highest standard of industry-led education built on a foundation of collaboration, inclusivity and an entrepreneurial spirit, preparing our students for a sustainable career within the creative industries.

Acting for Stage & Screen Essentials

As an educational institution, Performers Colleges' mission is to provide students with a practical, high-quality learning experience grounded in professional industry practice and preparation.

Through our course provision we equip students with the knowledge, skills and mindset to prepare them for successful careers within the creative industries.

We seek to foster an inclusive environment in which creative, mature, focused, and considerate individuals are valued as members of a dynamic community.

We believe collaboration is the bedrock of professional practice that is reflected across the creative industries, and students are required to treat each other with respect and to work together in a professional manner.

Performers College's key policies and documents can be found here: [Key Policies](#)

Students explore the following key areas of study during the *Acting for Stage & Screen Essentials* Course:

Screen acting techniques for TV and Film

These sessions start your journey in developing the key skills required for performing for screen. You will discover and develop the core screen actor's artistic tools: voice, body, imagination and creative interpretation. Throughout these classes you will be taken through a process of creating, developing and delivering assured performances for camera and will build an understanding of technical language that may be used on set whilst filming. During the course you will participate in industry mirroring scenarios including screen tests and shooting scenes from television and film scripts for both single and multi-camera.

Text – From Page to Stage

Text classes will focus on how an actor brings a writer's work to life to tell an engaging story for an audience. A range of text will be explored including poetry, classical and contemporary duologues, and play extracts.

Radio Acting & Voiceover

The ever-evolving voice-over industry has a variety of disciplines, so you will begin to explore concepts such as: radio play & audio drama, audiobook narration and commercial voice-overs. You will explore how a story can be told without the use of a visual stimulus and how both your voice and body are essential in conveying meaning within an audio setting.

Voice and Accent Work

You will be introduced to voice work and will cover both practical and theoretical components. You will discover how embodied voice work is integrated into spoken text. Core elements of spoken voice technique will be introduced and developed, and approaches to accent work will be studied.

Improvisation

Improvisation classes will be explorational, varied, and will incorporate elements from different acting practitioners. The essential building blocks of improvisation will be introduced and developed during the course, encouraging you to work flexibly, spontaneously and with a range of stimuli.

Movement for Actors

The movement element of this course begins with a focus on physical release techniques such as Limon, Arnold or Olsen alongside body-based improvisations. These practical workshops will intensively focus you on your understanding of your body as a tool for expression and offer techniques that allow you to release physical tension, and experience being open to your own impulses within improvisatory work. Laban's efforts will also be explored, and the focus will be on developing flexibility within your physicality to help you with playing a range of characters.

Singing for Actors

Actors are often asked to sing within a play or on screen. In our singing for actors sessions, you will work with one of our Musical Directors and vocal coaches to develop your singing technique. You will sing in harmony during ensemble classes, and there will be the opportunity to sing solo during the course for those who would like to work on their individual performance skills.

Acting for Video Games using Motion Capture

This area of the course focuses on equipping you with experience of digital and virtual performance, developing skills learnt within the screen acting sessions by introducing Motion Capture. You will experience creating professional digital media content through our high-spec green screen facilities and motion capture equipment, learning performance techniques that are used in feature films and video games.

Audition Technique and Careers Guidance

Towards the end of the course, a mock audition scenario will be created where you can practice your audition technique in front of a panel and receive feedback. There will also be the opportunity for a Q&A with an industry professional, where you can gather tips and advice to help you develop your career within the industry.

Sample Indicative Timetable

specific details may vary from cohort to cohort

Week 1	<p>Fundamentals of play, collaboration and rapport in acting</p> <p>During the first week you will be introduced to the basic techniques of acting, aimed at developing work drawn from imagination and play through improvisation.</p> <p>You will learn about:</p> <ul style="list-style-type: none">○ The importance of play, trust, exploration, and collaboration in the creativity of acting technique and practice through improvisation○ How do you express narrative, mood, imagery and characterization through physical theatre – Laban, Frantic Assembly, Limon○ The fundamental practitioners that inform modern industry skills and practice: Meisner, Stanislavski, Laban, Declan Donnellan, John Barton, Max Stafford Clark, Barbara Houseman, Cecily Berry, Mike Leigh, Frantic Assembly, Shared Experience. Mike Alfreds – Different Every Night○ The importance of connection to the material, concentration and being present - Patsy Rodenburg, 2nd Circle Presence○ Singing for Actors (Ensemble Singing)
Week 2	<p>Terminology, Text/Subtext Technique</p> <p>After the introductory sessions in your first week, you will look at the following areas of acting technique:</p> <ul style="list-style-type: none">○ 3-Act and 5-Act Story Structure and actor's understanding of narrative structure and character journey○ Difference between style and form○ Staging terminology for stage direction○ Techniques for end-on, thrust staging, and theatre-in-the-round○ Terminology for screen acting○ Screen Tests○ Interpret text: actioning, objectives for the scene and the overall plot○ Exploring texts from different styles and genres○ Singing for actors (ensemble storytelling) <p>At the end of this week, you will have begun to select material for showreels.</p>
Week 3	<p>Wider Opportunities</p> <p>The focus of the 3rd week of study will be on widening understanding of other creative employment opportunities for actors:</p>

	<ul style="list-style-type: none"> ○ Voice and Accent Work ○ Radio Acting & Voiceover – drawing on the skills and techniques from Week 2 ○ Acting for Video Games using Motion Capture – physical embodiment and voiceover ○ Rehearsing chosen repertoire for showreels, refining the skills from Week 2 ○ Solo singing for actors
Week 4	<p>Showreels, Auditions and Careers Guidance</p> <p>This final week of the course concentrates on the production of your showreel material and career progression:</p> <ul style="list-style-type: none"> ○ Filming of showreel material ○ Audition Technique and Careers Guidance

Please note that this is an indicative calendar. Specific details, including the order of modules may vary from cohort to cohort. Students will be issued with a more detailed schedule at the start of the course.

Being at Performers College

Teaching and Learning

The *Acting for Stage & Screen Essentials* course forms part of the non-accredited course delivery run by Performers College. The course structure comprises of a range of teaching and delivery patterns: lectures, workshops, and practical exercises. Transferable skills are encouraged, and students are given the opportunity to learn and participate through practice.

Course details are contained within the Student Guide which students will be given when they start the course. The Student Guide is the core course document containing specific learning outcomes for each weekly session in line with the overall objectives of the course.

Performers College encourages independent learning and reflective learning, and students may be given structured homework to complete, encouraged to practice their skills independently or challenged to network and consider key industry contacts.

Tutors

Performers College works with a large team of teaching staff across its full portfolio of courses, profiles of many of whom you can find on our website [here](#).

Student Support

Performers College is committed to providing and supporting a diverse and inclusive environment that promotes and develops equality of opportunity for all students and staff. We seek to continually improve our standards across the student lifecycle encompassing access and admission; support and progression; and graduate employability and entrepreneurship.

We seek to provide a caring, supportive environment that recognises each student as a unique individual and fosters their personal and professional development. We are committed to each student's wellbeing, and there are a range of support mechanisms in place to aid student progression through their course of study.

Our [Key Policies](#) section on the website gives guidance on the support structures open to students at the School.

Formative Feedback

Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

In addition, Performers College provides regular opportunities for students to give each other feedback through the learning system, which encourages feedback within peer-to-peer sessions. Being able to critically reflect on your own work and the work of your fellow students in a constructive, meaningful way, both verbally and in written form, demonstrates good practice and enhances your learning experience.

Evaluative Feedback

Performers College is committed to continual improvement, and student feedback – both informal and formal – is an important part of the evaluative feedback we use. Students are therefore invited to complete a feedback form at the end of their course.

Professional Certificate (ProCert)

At the end of this course you will receive a Certificate of Completion for the course (subject to successful completion of the course).

Whilst courses are not formally assessed and are not credit bearing, part time and short courses of 2, 4 and 8 weeks taken independently over a period of 3 years across all subject matters amounting to 20 weeks full time can be taken together to achieve a BIMM Music Institute / BIMM Professional Certificate or ProCert as follows, subject to successful completion of the courses:

Course Type	Full Time Equivalent
Foundation (12 week evening course)	1 week
Part Time (20 weeks of teaching)	8 weeks
Two Week (full time)	2 weeks
Four Week (full time)	4 weeks
Eight Week (full time)	8 weeks
Three Month (full time)	12 weeks
Certificate	20 weeks

Costs

Tuition Fees can be found on the course page on the Performers College website [here](#).